

## Reminder to attend for Depo-Provera injection: protocol WMAHSN-35

### Purpose

- To improve compliance with attendance at appropriate time for injection of Depo-Provera
- To ensure that the protection provided by the injection is maintained.

### Selection of patients

Patients given a Depo-Provera injection are asked if they would like a reminder in ten weeks to make their 12-week appointment.

### Expected outcomes e.g.:

1 Changes in healthcare usage:

- Fewer avoidable unplanned pregnancies

2 Improved clinical outcomes:

- Better attendance for follow up injections of Depo-Provera.

### Success criteria

- 50% of participants make an appointment for follow-up injection at 12 weeks

### Protocol summary:

- Reminder at 10 weeks to make an appointment in two weeks for Depo-Provera, and patient is asked to text a reply when they have made the appointment
- Patient receives 2 reminders at 4-day intervals,

### Message at 10 weeks:

***Hi. Your Depo-Provera injection is due in two weeks. Please make an appointment to make sure you are protected. Please text DE when you've made your appointment***

### Reminder after a further 4 and 8 days:

***Your Depo-Provera appointment is due very soon. Please make an appointment, and text DE when you've done so.***

### Response:

***Thank you for making your appointment. We are looking forward to seeing you.***

## Reminder to attend for Vitamin B12 injection: protocol WMAHSN-36

### Purpose

- To improve compliance with attendance at appropriate time for injection of Vitamin B12
- To ensure that the effect of the injection is maintained.

### Selection of patients

Patients given a Vitamin B12 injection are asked if they would like a reminder in ten weeks to make their 12-week appointment.

### Expected outcomes e.g.:

1 Changes in healthcare usage:

- More regular injections of Vitamin B12

2 Improved clinical outcomes:

- More stable control of anaemia, and reduction in symptoms of tiredness, etc.

### Success criteria

- 50% of participants make an appointment for follow-up injection at 12 weeks

### Protocol summary:

- Reminder at 10 weeks to make an appointment in two weeks for Vitamin B 12, and patient is asked to text a reply when they have made the appointment
- Patient receives 2 reminders at 4-day intervals,

### Message at 10 weeks:

***Hi. Your Vitamin B 12 injection is due in two weeks. Please make an appointment for this to be given, and text IN when you've made your appointment***

### Reminder after a further 4 and 8 days:

***Your Vitamin B12 appointment is due very soon. Please make an appointment, and text IN when you've done so.***

### Response:

***Thank you for making your appointment. We are looking forward to seeing you.***

## Reminder to attend for Zoladex injection: protocol WMAHSN-37

### Purpose

- To improve compliance with attendance at appropriate time for injection of Zoladex
- To ensure that the effect of the injection is maintained.

### Selection of patients

Patients given a Zoladex injection are asked if they would like a reminder in ten weeks to make their 12-week appointment.

### Expected outcomes e.g.:

- 1 Changes in healthcare usage:
  - Regular use of Zoladex to control hormone production
- 2 Improved clinical outcomes:
  - Better attendance for follow up injections of Zoladex.

### Success criteria

- 50% of participants make an appointment for follow-up injection at 12 weeks

### Protocol summary:

- Reminder at 10 weeks to make an appointment in two weeks for Zoladex, and patient is asked to text a reply when they have made the appointment
- Patient receives 2 reminders at 4-day intervals.

### Message at 10 weeks:

***Hi. Your Zoladex injection is due in two weeks. Please make an appointment to have this done, and text IN when you've made your appointment***

### Reminder after a further 4 and 8 days:

***Your Zoladex appointment is due very soon. Please make an appointment, and text IN when you've done so.***

### Response:

***Thank you for making your appointment. We are looking forward to seeing you.***