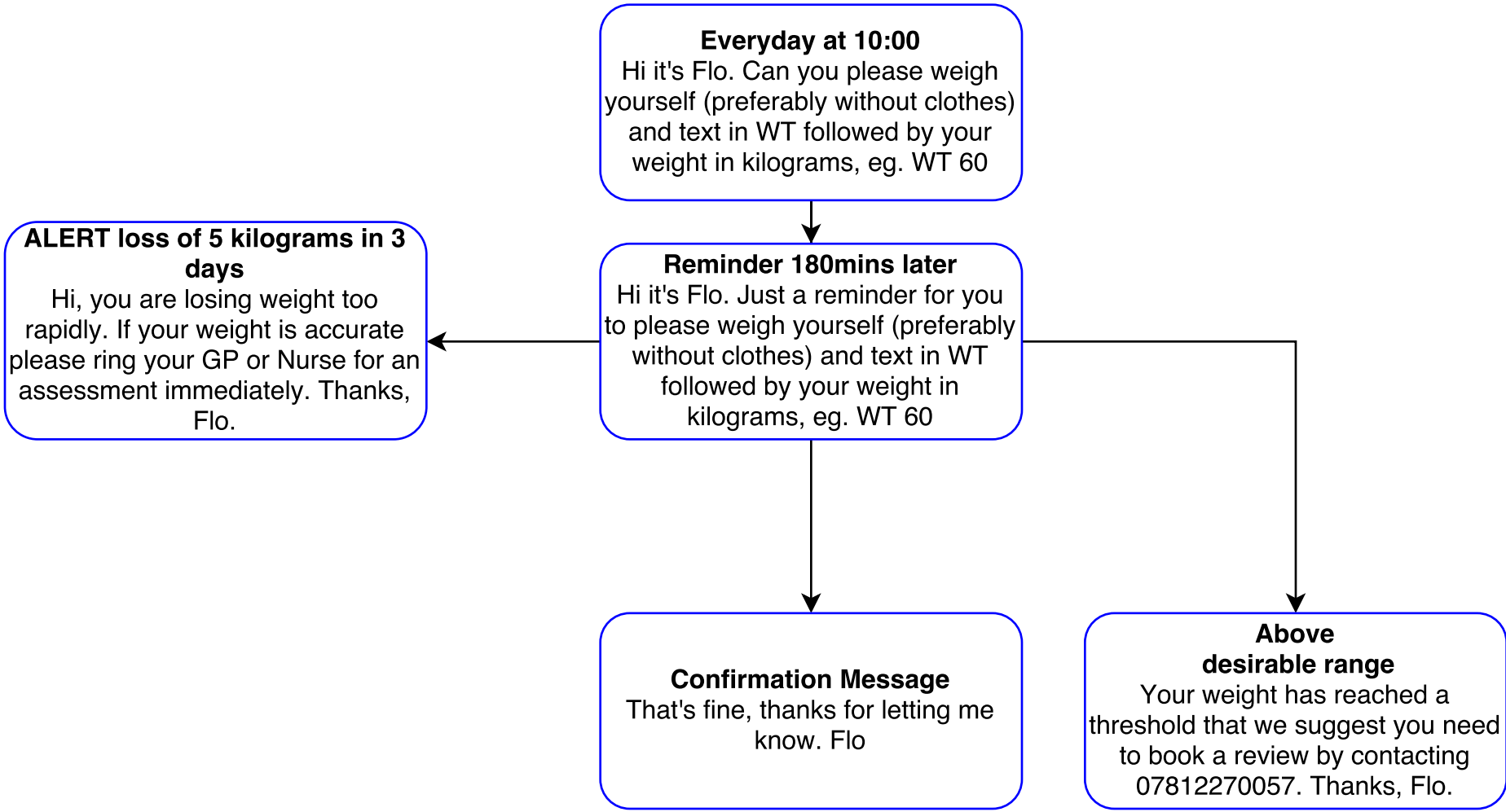NHS Notting Daily weight monitoring for ascites