

Hypertension - Annual Review

Florence

DAY 364 @ 16:00
Hi it's time for your annual BP review. For the next week I will ask you for BP readings twice a day to see how you're getting on. Take care, Flo.

DAY 373 @ 08:00
Hi it's Flo. Thanks for sending your BP readings for the past week. Your clinician will be in touch if they need to discuss your readings in more detail.

DAY 365 @ 08:00 FOR 7 DAYS
Hi. Don't forget to take your blood pressure this morning and again this evening, and text it in. Text BP, then your reading, eg BP 140 80. Thanks, Flo

12 HOURS LATER IF NO REPLY
Hi . I've noticed you haven't sent in your readings this evening. Could you please text in BP, then the readings. Thanks Flo

