

Every day @ 08:00
Hello, just a quick reminder that your Blood
Glucose reading is due. e.g. text BG 6.3.
Thanks Flo.

Reading within desirable range
Your Blood Glucose is fine today, Thanks,
Flo

Reading above desirable range
Your glucose level is higher than normal
today, if you are unwell check for ketones
and contact your Diabetes Nurse for
advice. Thanks, Flo

Reading below desirable range
Your blood glucose reading is low today.
Please treat your hypo with glucose as
recommended by your Diabetes Nurse.
Take care, Flo

ALERT 3 in 3 days
Please CALL your Diabetes Nurse or GP
for advice, your Blood Glucose has been
outside your normal range and your insulin
may need adjusting. Take care, Flo