

(E003) Notts West NNE HF
BP, Weight & Pulse



BP, Pulse & Weight reading every Monday & Thursday @ 8am
A quick reminder that your BP,Pulse & WT is due. e.g."BP 141 84 Pulse 65 WT 79.3". Please weigh yourself after emptying your bladder & before breakfast. Flo

1 HOUR LATER IF NO REPLY
Hello, its Flo again. I've noticed you haven't sent in your readings yet. e.g. "BP 141 84 Pulse 65 WT 79.3". Take care, Flo.

WEIGHT CHECK

PULSE CHECK

BP WITHIN DESIRABLE RANGE
Thank you for your BP reading. Flo.

BP BELOW DESIRABLE RANGE
Please take your BP again on the other arm and text in the reading. Thanks Flo

BP ABOVE DESIRABLE RANGE
Please take your BP again on the other arm and text in the reading. Thanks Flo

WEIGHT WITHIN DESIRABLE RANGE
Thanks for sending in your weight. Flo.

WEIGHT BELOW DESIRABLE RANGE
Please CALL your Heart Nurse, your weight has decreased beyond your normal level. Thanks Flo.

WEIGHT ABOVE DESIRABLE RANGE
Please CALL your Heart Nurse, your weight has increased beyond your normal level. Thanks Flo.

PULSE WITHIN DESIRABLE RANGE
Your pulse is normal. Flo

PULSE BELOW DESIRABLE LEVEL
Your pulse is a little low at the moment. Please rest for 10 minutes and then send another reading. Thanks, Flo.

PULSE ABOVE DESIRABLE LEVEL
Your pulse is a little high at the moment. Please rest for 10 minutes and then send another reading. Thanks, Flo.

REMINDER DAY 36 & 38 @ 12PM
Just a reminder, if you have not already done it, to complete and send your evaluation form back to your Heart Nurse. Thanks Flo

REMINDER DAY 72 & 74 @ 12:01PM
Just a reminder, if you have not already done it, to complete and send your 2nd evaluation form back to your Heart Nurse. Thanks Flo

SECOND READING - WITHIN DESIRABLE RANGE

ALERT TRIGGERED BY SECOND READING OUTSIDE DESIRABLE RANGE

RISING BREACH ALERT TRIGGERED - WEIGHT INCREASES BY 2KG OVER 6 DAYS

SECOND READING - WITHIN DESIRABLE RANGE

ALERT TRIGGERED BY SECOND READING OUTSIDE DESIRABLE RANGE

Thank you for your BP reading. Flo.

Please CALL your Heart Failure Nurse for immediate advice on your blood pressure. Thanks Flo.

Please CALL your Heart Nurse, your weight has increased beyond your normal level. Thanks Flo.

Your pulse is normal. Flo

Please CALL your Heart Failure Nurse. Your pulse is outside your normal levels. Thanks, Flo.